

Billson Street (PMB 101) Wonthaggi, 3995  
**Phone: (03) 5672 1600**  
 Principal: Ms Wendy Bradley

Email: [wonthaggi.ps@education.vic.gov.au](mailto:wonthaggi.ps@education.vic.gov.au)  
**Website: [www.wonthaggips.vic.edu.au](http://www.wonthaggips.vic.edu.au)**  
 Find us on Facebook

**Our School Core Values: RESPECT SELF AWARENESS CREATIVE THINKING GROWTH**

**Number 04** **9th March 2021**

**From the Principal**

Last week we were excited to share the results of our **House Captain** selection process. Congratulations to:

- Abercrombie: Lily L and Jackson G**
- Somerset: Hamish B and Lily G**
- McCracken: Maddy C and Hayley C**

Congratulations to these Grade 6 Students. I'm sure that they will lead their houses with fairness and fair play. Thank you to those families that joined us, either by phone, or in person, for our recent **Student, Parent, Teacher Conferences**. Our next round of conferences will be held towards the end of Term 2. Please remember that if you need to meet with your child's classroom teacher in the meantime, please call the office to book a mutually appropriate time.

Today we farewelled our **Grade 5 students who are headed off to Wilson's Promontory** for their four day school camp. This camp provides an excellent opportunity to practice all of those **water safety skills** that students have been learning over many years. Our water safety program aims to provide our students with quick responses to being in the water and knowing what to do if you are feeling unsafe, or if conditions change around you.



This morning, Tom and I joined several of our Grade 6 student leaders at an **International Women's Day Breakfast** at Silverwater Resort. This year's theme is, 'Choose to Challenge' and celebrates women who have challenged ideas and stereotypes to build a better and more equitable world, for us all. Many thanks to Alisha Gilliland for extending an invitation to local schools and organisations.



You will have heard the ongoing Australia wide reports that are highlighting the risk of sexual assault to women and teenage girls. Our **Respectful Relationships Program** is aimed at having conversations and putting practical solutions and actions in place to ensure that we are all safe, and that violence towards women, and each other, is never ok. But the work that we do at school sends a stronger message when it is supported at home. The way that we speak about, and treat women, both face to face and in images, is critical to our children building a sense of care and kindness, and believing that they are worthy of that same care and kindness. It is a whole community that brings about change and safety for all, especially for those that are most vulnerable.

I can confirm that our next **Student Free Day will be held on Wednesday 24<sup>th</sup> March**. On this day our teaching staff will be working on developing a whole school approach to teaching and learning, so that we can have a greater consistency between our teaching teams. We will have some guest presenters on the day to support our work and planning. A reminder that **OHSClub will be operating all day** for those families that may need to access care for their child/ren.

We continue to work on our **redevelopment plans** to ensure that our students have access to the very best facilities and opportunities. Our school has a strong history of working to provide the very best for our students, even in less than ideal learning spaces.

The action team is really focussing on how to:

- make better use of the spaces that we currently have
- improve the access and flexibility of our current learning spaces
- improve the flow between teaching teams and student movement around the school
- improve student safety and security
- upgrade our facilities in line without students and their needs

The redevelopment works are estimated to cost between **\$12, 000, 000 and \$16, 000,000**. In the coming weeks we will be asking our school community to work with us and support the redevelopment plans. There will be a number of ways that you can be involved and will include actions like: phoning and emailing politicians and local council.

Warm regards,  
*Wendy Bradley*  
 Principal

## IMPORTANT DATES FOR YOUR DIARY

### MARCH

#### TUESDAY 9th—FRIDAY 12th

- Grade 5 Wilsons Promontory Camp.

#### WEDNESDAY 10th—THURSDAY 11th

- Grade 6 SEALS Surfing Program with WSC at Inverloch Main Surf Beach.

#### TUESDAY 23rd

- School Council AGM at 6:00pm.
- School Council Meeting at 6:30pm.

#### WEDNESDAY 24th

- **Student Free Day—No Students Attend School.**

### APRIL

#### THURSDAY 1st

- **LAST DAY OF TERM 1—2:30pm Dismissal.**

#### MONDAY 19th

- **FIRST DAY OF TERM 2—Commencing at 8:50am.**

#### WEDNESDAY 21st

- **PREP STUDENTS COMMENCE ON WEDNESDAYS FROM TODAY ONWARDS.**

### MAY

#### MONDAY 3rd—WEDNESDAY 5th

- Grade 6 Urban Camp.

#### MONDAY 10th

- School Photos.

#### SCHOOL COUNCIL AND SUB-COMMITTEE MEETINGS AUGUST

##### Finance

– Wednesday 10th March - 4:00pm.

##### Buildings and Grounds

– Wednesday 10th March - 4:30pm.

##### Policy

– Thursday 11th March - 4:00pm.

##### School Council Meeting & AGM

- Tuesday 23rd March - School Council AGM at 6:00pm.  
- School Council at 6:30pm.

**BREAKFAST CLUB EVERY FRIDAY  
IN THE SLC AT 8.15am.**



## FROM SCHOOL COUNCIL

School Council met remotely on the evening of 23rd February. We would like to share some key points of interest with you.

Parent members of the council are going to be heading up a campaign to attract more funding for the school, with the goal of **upgrading and adding to current facilities**. If you see anything about this in the local media, please add your voice to the mix!



Look out for **hot cross buns** on the canteen menu in the last week of term. YUM!



The Major Events committee is finalising plans for a **car boot sale** to be held at the school, hopefully over the Easter weekend. Watch this space! If you have any homemade/grown or simply unwanted goods to sell, we really encourage you to book a site and support our school!



**Want to be a part of what we do? - Nominations are now open.** Check out Facebook, Compass, and the newsletter for more info. Submissions close 12th of March at 4.00pm.

Caroline Moore  
School Council President

## STUDENT OF THE WEEK

*Well done!*

Week 5

<b>Grade:</b>	<b>Student</b>	<b>Awarded for:</b>
<b>Foundation A</b>	August L	Working so hard this week on his letter formation
<b>Foundation B</b>	Ilithya M	Using feedback to improve her work
<b>Foundation C</b>	Isabella A	Being respectful to her classmates
<b>12A</b>	Joshua S	Doing a great job of explaining his thinking during our 'Number Sorting' session
<b>12B</b>	Pearl W	Persisting and having a Growth Mindset to Essential Assessment
<b>12C</b>	Makayla D	Her wonderful sounding out of the words in her writing piece.
<b>12D</b>	Lexi W	Her wonderful effort in writing her retell flow map
<b>12E</b>	Isabella N	her improvements in coming to class and starting her work with focus
<b>12F</b>	Emarlee B	Always being kind and respectful to others
<b>34A</b>	Louisa B	Having a positive attitude to learning.
<b>34B</b>	Jasper S	Coming calmly into class each day and listening well to instructions
<b>34C</b>	Mackenzie B	Getting deep in the Pit when exploring odd and even numbers
<b>34D</b>	Harriette B	Being a motivated and independent student
<b>34E</b>	Sonny S	A positive attitude to learning and having a great start to the year.
<b>56A</b>	Kena M	An outstanding start with learning in class
<b>56B</b>	Alyssa J	Confidently diving into her learning
<b>56C</b>	Arlia K	Always being organised and ready to learn
<b>56D</b>	Logan W	Making responsible choices in the classroom
<b>Graeme O'Connor</b>	Louisa B	Being resilient

## WELCOME TO OUR SCHOOL

34A	Sanaa E	Being a fabulous member of the 34A Team
34C	Ahana P	Making a wonderful start in her new class
56A	Max F	Smoothly joining class 56A
	Meika Y	Helping to makes 56A amazing!
56B	Cryus W	A great start to 56B!
	Chloe D	A great start to 56B!
56C	Abigail R	Settling in and making a fantastic start at her new school

## STUDENT OF THE WEEK

*Well done!*

Week 6

Grade:	Students	Awarded for:
Foundation A	Will H	For showing respect to others in our classroom by being a kind friend.
Foundation B	Oscar D	Working hard on his personal goal and showing respect in and out of the classroom.
Foundation C	Jacob D	For showing respect to our classroom and fellow students.
12A	Claire H	Respecting her learning by trying her very best. Well done!
12B	Shay C	For recognising others efforts and being a beautiful Bucket Filler.
12C	Sebastian K	For making a great start to the year. Well done!
12E	Daniel H	For always being respectful and supportive of other people and their learning.
12F	Amelie H	Successfully working out sounds to make words.
34A	Ipshita R	For consistently filling the buckets of everyone in 34A
34B	Darcy P	For being kind and fair to others
34E	Alice H	Always showing respect and filling buckets in the classroom
56A	Paris C	Working brilliantly in all areas and willing to help others!
56B	Mia S	Always showing respect to her teachers and peers.
56D	Miley O	For consistently being a respectful member of our class.

### MUSIC NEWS

Students have settled into our new Music Room well. Our school is fortunate enough to have three teachers of Music this year, to fit in with the expansion of classes.

**Ruth Chambers** teaches three of the 1/2s, 3/4s and 5/6s.

**Christie Smith** teaches three 1/2s

**and Vin Hally** teaches the Foundation students.

We are in constant communication with each other, as we aim for consistency across the school. This term we are focusing on the theme of Respect, also one of our school values. Our songs and instrumental pieces align with this.

As we persist and persevere with the essential musical component of listening, different cohorts are also exploring new instruments; 1/2s percussion instruments, 3/4s keyboard and marimba, 5/6s ukulele. Each group has a chance to add to their existing and developing skills. We have specific learning goals so that we can be clear about what we're learning about as we explore the elements of music that we're curious about.

Keeping in mind the Covid-safe rules at school, feel free to pop in and say hello!

The Music Room is now located in the brick quadrangle.



### ROAD AND BIKE SAFETY

We would like to remind everyone of the Importance of Road Safety especially around School Zones.

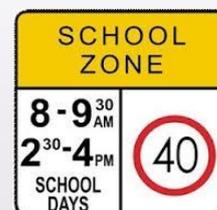
For the safety of our children please make sure that you **obey speed limits and park within designated parking areas.**

**Double parking when dropping off and picking up children is illegal and very dangerous not only for your child but for others in the Community.**

In the past we have seen people park across driveway and pathway entries to the school and students have been seen getting out on the road side of the car. While this may seem convenient, it is illegal and dangerous.

Please remind your child/ren of the importance of riding to and from school safely. We have had several very close calls with students not following simple bike/scooter safety rules. Please review bike and scooter safety regularly to ensure everyone arrives at school and home safely. The following link has some good information

<https://raisingchildren.net.au/school-age/safety/outdoor-safety/bikes-scooters-skateboards>



## YOUR CHILD'S ATTENDANCE MATTERS

Often we send out notes to parents to obtain explanations for their child's Unexplained Absences. This process can be time consuming and frustrating for parents/carers, so we would like to remind everyone to regularly login to compass to mark a reason for your child's absence on the day. **You can also check your child's attendance for any past missed notifications**, keeping your child's attendance current and up to date. This will not only help to keep the school informed about why your child is away but it will also prevent a hard copy letter being sent home with your child at a later date.

To update your child's absences simply:-

1. Login to the Compass app on your phone or computer
2. Under the Options area (three lines on the left) select to view in a browser
3. Under My News look for Attendance Note Required and select the 'Click here for more information' link
4. Tick the relative dates and select 'Explain with Attendance Note'
5. Use the drop down to select the reason

If you cannot login to the compass app please call the school or send a note, enabling staff to update this for you.

Remember **'Every Day Counts'**



[HELP 'Click Here'](#)

[LOGIN 'Click Here'](#)



WONTHAGGI PRIMARY SCHOOL

THE EDUCATION STATE

VICTORIA State Government Education and Training

School Attendance  
Did you know?

EVERY DAY COUNTS

**Your child's attendance is on or above 95%**  
They are likely to be a "Star Performer" as well as an excellent attendee. They will almost certainly achieve the best grades for their ability and have real opportunity in further education and the world of work.

**Your child's attendance is 90 – 94%**  
"Green for go" for good attendance. They are likely to achieve grades that will give them real opportunities for continuing their studies and their future in the world of work.

**Your child's attendance is at 85 – 89%**  
"Amber Take Care!" They will be missing up to 20 days each year and this will make it difficult for them to achieve at their best level educationally.

**Your child's attendance is 80-85 %**  
"Red light - Be alert!" They are missing so much school that it will be very difficult for them to keep in touch with lessons or schoolwork.

**Your child's attendance is below 80%**  
"At Risk – Immediate action needed!" They are missing so much time from school that it will be almost impossible for them to keep in touch with lessons or schoolwork.



## CHILD SAFETY

### Newsletter 1

Wonthaggi Primary is committed to child safety. As a community we want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children. There is zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. We meet our legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

Wonthaggi Primary is committed to preventing child abuse and identifying risks early, and removing and reducing these risks. We have robust human resources and recruitment practices for all staff and volunteers. Our school is committed to regularly training and educating our staff and volunteers on child abuse risks. As a community we support and respect all children, as well as our staff and volunteers. We are committed to the cultural safety of Aboriginal children, the cultural safety of children from a culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability. Wonthaggi Primary has specific policies, procedures and training in places that support our leadership team, staff and volunteers to achieve these commitments.

#### At Wonthaggi Primary:

- Everyone connected to our school can help children be safe.
- We have zero tolerance for any abuse of children.
- We already have policies and processes in place to protect the care, safety and welfare of children. These are being strengthened to ensure a zero tolerance approach to child abuse. As policies are ratified at school council, they will be made available to you through the newsletter and on our web page.
- Our commitment to Child Safe Policy is available on the Wonthaggi Primary School Website.
- There will be clear boundaries about how adults in our school community may interact with the children here set out in our school's Child Safe Code of Conduct. This will be made available when school council ratifies it at school council.

## FROM THE CANTEEN

This year we have moved to a new app for online canteen orders. The feedback so far is all positive with people saying how user friendly it is.

**Orders close for online orders at 8.30am on that day.**

A new Canteen Price List has gone out to families and has also been included below. Please note that food is now coded into;

(E) - Everyday food and

(O) - Occasional food

Thank you

Liza Sweet

Canteen Manager



## Place your canteen orders online with **Cashless**

We are excited to announce the introduction of a new online lunch ordering system called Cashless from Thursday 28<sup>th</sup> January.

Cashless will make lunch orders more convenient for both families and the canteen. It's a much more reliable app, with great reviews in the App Store.

Steps to get started:

1. Go to [www.cashless.school](http://www.cashless.school) to register and download the app. Or just search "Cashless" in the App Store.
2. Add a profile for each of your children, making sure you select Wonthaggi Primary School and your child's class for 2021.
3. Start placing lunch orders! You can place orders up to two weeks in advance.

If you have any questions, please contact Cashless via their website.

Cashless is backed by Spriggy.com.au, a digital pocket money app with over 400,000 Aussie members, designed to help parents improve the financial literacy skills of their children.

## WONTHAGGI PRIMARY SCHOOL - CANTEEN MENU TERM 1 2021

Ordering is now available Online with cashless. Go to [www.cashless.school](http://www.cashless.school) to register and download the app. Or just search "Cashless" in the App Store.

- ❖ This is the preferred method of ordering for orders over \$2.00. Cash purchases are still available – please use a brown paper bag with child's name and grade: e.g.: **Freddie Brown 3/4B** and provide correct money only. **CHANGE WILL NOT BE GIVEN.**
- ❖ Due to suppliers increased costs, some prices may be change.

### DAILY SPECIALS

Monday E	Tuesday E	Wednesday E	Thursday E	Friday E
Pizza Ham & Pineapple \$4.00	Beef burger Lettuce tom cheese sauce \$4.50	Teriyaki chicken with noodles \$4.50	San choy bow wraps \$4.50	Mini chicken balls (x3) \$3.50
GF Ham & pineapple \$4.50	Chicken burger Lettuce, cheese mayo \$4.50			Tuna momay \$4.50

### Sandwiches can be toasted

#### Wholemeal Bread ONLY

#### GLUTEN FREE(GF) bread is available.

Salad fillings or combinations of tomato, lettuce, cucumber, beetroot, grated carrot and cheese.

Fillings	S/W	Wrap	GF SW	
Ham & salad	\$4.20	\$4.70	\$4.70	E
Chicken salad	\$4.30	\$4.80	\$4.90	E
Chicken cheese	\$3.50	\$4.00	\$4.80	O
Tuna & mayo	\$3.00	\$3.50	\$3.50	E
Egg & Lettuce	\$3.00	\$3.50	\$3.50	E
Vegemite	\$1.00	\$1.50	N/A	E
Spaghetti	\$2.80	\$3.30	N/A	O
Baked Beans	\$2.80	\$3.30	N/A	O
Ham & cheese	\$3.00	\$3.50	\$3.60	O
Ham/Cheese & pineapple	\$3.30	\$3.80	\$3.90	O

#### SALAD BOWLS

Salad Bowl (GF) (hardboiled egg tomato, lettuce, carrot, beetroot, cucumber, cheese	\$3.80	E
Salad Bowl add Ham	\$4.80	O
Add chicken (GF)	\$4.80	O
Chicken Caesar salad	\$4.80	E
Tuna and rice salad	\$4.80	E

#### HOT MEALS

Past & meat Sauce	\$4.50	O
Pasta (GF) Meat sauce	\$4.70	O
Mac "n" Cheese	\$4.00	E
<b>BAKED POTATOES</b> Three toppings are available:		
1. Ham, cheese, pineapple	\$3.80	O
2. Bolognese sauce, cheese (GF)	\$3.80	O
3. Tuna and corn (GF)	\$3.60	E
Shepherd pie (pastry bottom)	\$4.20	E
Sausage roll (contains vegetables)	\$3.20	E
Zucchini Slice	\$3.50	E
Spinach and ricotta Roll	\$3.20	E
BLT (bacon, lettuce, tomato) English Muffin	\$3.50	E
Chicken Caesar wrap	\$4.70	E
Fish fillet/salad wrap	\$4.70	E
Tomato Sauce	\$0.20	O

#### DIPS

Veggie stick's and hummus	\$2.00	E
Creamed corn dip with Veggie stick's	\$2.00	E
Tzatziki dip with Veggie stick's	\$2.00	E

#### CODES

**(E) Everyday food**

**(O) Occasional food**

#### (GF) GLUTEN FREE

##### SNACKS

Choc zucchini muffin	\$1.30	E
Carrot muffin(GF)	\$1.30	E
Apple/cinnamon muffin	\$1.30	E
Banana muffin (GF)	\$1.30	E
2 x Choc Balls	\$1.50	E
Raisin Toast	\$1.70	O
Anzac biscuit	\$1.70	O
Apricot and honey balls X2	\$1.50	O
2 x Choc pikelets (GF)	\$1.50	E

##### FRESH FRUIT

Apple, banana, orange Each	\$1.20	E
Corn cob	\$1.00	E

##### Frozen

Frozen Juice cup	\$0.50	O
Frozen fruit (small bag)	\$1.50	E
Fruity yoghurt drops x3	\$1.50	E

##### Drinks

Water	\$1.50	E
Plain Milk	\$1.60	O
Choc milk	\$1.80	O
Apple Juice	\$1.60	O
Orange Juice	\$1.60	O

Thank you for supporting Wonthaggi P.S Canteen

# Newsletter

**OSHClub**   
Outside School Hours Care



Before School care baking. We made Honey Joys!

## Welcome to March!



### Moovosity March!!

Moovosity is an interactive movement/ fitness-based program used by OSHCLUB. During March we will be running Moovosity sessions every Thursday and Friday. Sessions are themed each week and children have the chance to earn participation points and receive rewards for their effort. Moovosity embeds physical activity into our programs and promotes positive sportsmanship and teamwork.



### SPECIAL ANNOUNCEMENTS



#### NO HAT...NO PLAY!

Please remind your child to bring their hat for the whole of Term 1.



#### VACATION CARE

Vacation care bookings will be opening soon. Dates will be 6<sup>th</sup> April – 16<sup>th</sup> April. Care will run from 7am-6pm .



Wonthaggi OSHCLUB  
PH: 0436 358 582

Mon-Fri 7am-8.45am  
& 3.30pm-6pm

Oshclub.com.au  
[Wonthaggi@oshclub.com.au](mailto:Wonthaggi@oshclub.com.au)

# Newsletter

**OSHClub**   
Outside School Hours Care

## Books & Board Games

We are seeking any pre-loved Books/ board games that your family no longer use. We would love to re-purpose these in our OSHCLUB programs. Please call us if you can be of assistance. 😊

## GALLERY

**Milly and Molly getting creative with sponge art 😊**



## Group Work



Volcanos were recently a topic of child interest. We extended on this idea with volcano creating. This week we will use a simple bicarb and vinegar experiment to make our volcano erupt.



Wonthaggi OSHCLUB  
PH: 0436 358 582

Mon-Fri 7am-8.45am  
& 3.30pm-6pm

Oshclub.com.au  
[Wonthaggi@oshclub.com.au](mailto:Wonthaggi@oshclub.com.au)

## COMMUNITY NEWS



### Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, attend vocational education yourself, have regular income from paid employment (you or your partner)\*, have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*



**Contact**  
your local Saver Plus Coordinator  
**Phone**  
1300 610 355  
**Email**  
BassCoastSP@bsl.org.au  
**Online**  
saverplus.org.au  
Find us on Facebook 



\*Many types of income and Centrelink payments are eligible, please contact your local Coordinator for more information.  
Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, Barry Street and other local community agencies.  
The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



### Raising Teens | Online Parents Building Solutions

- Do you want to learn how to talk so teens will listen?
- Help you teen problem solve and resolve conflict?
- Communicate better with your teen and stay connected?

**DATES:** Fridays 26th  
February to 26th March

**TIME:** 12:45pm to 2:45pm

**WHERE:** Online via Zoom

**COST:** FREE. Bookings essential.

Come along to these 5 sessions to learn strategies, share stories and take some time out for you!

For bookings & enquiries contact:  
Parentzone Gippsland on 03 5135 9555 or email  
[parentzone.gippsland@anglicarevic.org.au](mailto:parentzone.gippsland@anglicarevic.org.au)

**PARENTZONE**

**BETTER  
TOMORROWS**

[anglicarevic.org.au](http://anglicarevic.org.au)



**MORE  
PEOPLE  
PLAYING  
SOCCER  
EVERYDAY**

## SEASON 2021

**U10s, U12s & Senior Women  
THURSDAY EVENINGS**

**U6 & U8s  
TUESDAY EVENINGS  
Commencing 23<sup>rd</sup> March**

**For other age groups  
and further information  
PLEASE CONTACT:  
[wonthaggisoccerclub@gmail.com](mailto:wonthaggisoccerclub@gmail.com)**



### Wonthaggi Power Junior Football Club

**Youth Girls and Junior Football Season 2021  
Training Times**

Under 10's Wednesday Nights 4.30pm (Commencing 3<sup>rd</sup> March)  
Coach: Cam Jones PH: 0403 901 908

Under 12's Wednesday Nights 4.30pm (Commencing 3<sup>rd</sup> March)  
Coach: Michael Bell PH: 0438 741 914

Under 14's Wednesday Nights 5.15pm (Commencing 3<sup>rd</sup> March)  
Coach: Jess Feather PH: 0419 544 174

Youth Girls Wednesday Nights 5.30pm (Commencing 10<sup>th</sup> March)

All existing and any new players are welcome and encouraged to attend

Registrations are now open. Just go to our Facebook page  
Wonthaggi Power Junior Football Club and follow the link

## COMMUNITY NEWS



Come and join our fun, affordable, family friendly club for the 2021 season. All Current and New Junior Players are Welcome.

Dalyston Football Netball Club offer:

**Junior Football Coordinator – Deb Bell 0432 064 849**  
Auskick

**Junior Football 10's 12's & 14's & Youth Girls**

**Junior Netball Coordinator – Jenny McRae 0439 749 272**  
Net-Set-Go

**Junior Netball 11's 13's 15's & 17's**

**Youth Football – Andy Thomas 0409 577 204**  
Under 16's & Under 18's

Senior Netball D, C, B and A Grade  
Senior & Reserve Football

**If your keen to join us for 2021,**  
**now is the time to contact our Coordinators.**

Email us at: [dalystonfnc@hotmail.com](mailto:dalystonfnc@hotmail.com) Or find us on Facebook

DALYSTON FOOTBALL NETBALL CLUB BUILDING OUR FUTURE



Wonthaggi Golf Club  
21 Dr Sleeman Drive, Wonthaggi  
5672 3697  
[info@wonthaggigolfclub.com.au](mailto:info@wonthaggigolfclub.com.au)



## INTRODUCTORY GOLF CLINIC FOR JUNIORS

Wonthaggi Golf Club will host  
7 clinics for juniors under 16 years of age  
When: Friday March 26<sup>th</sup> to Friday May 14<sup>th</sup>  
Time: 4.30 to 5.30 pm  
Cost: Free of Charge

### ALL BEGINNERS ARE WELCOME

The 7 sessions will include:

Expert golf instruction from Teaching Professional John Payne  
An introduction to golf etiquette  
Introduction to rules of golf  
Fundamental instruction on all areas of the golf game, includes putting, pitching, irons/hybrids and driver, plus on the course play

Parents are welcome to attend.

John Payne and all instructors have current working with children checks.

*For further information and to book a place please call or text  
Shas Patullo 0419 871 660  
(get in early, only ten places are available)*



Mt Eccles Netball Club

### 2021 NETBALL TRAINING NIGHT STARTS

**Thursday 18<sup>th</sup> March between 4:00pm to 6:30pm**

at Leongatha and District Netball Courts (LDNA), Leongatha

**We welcome players from all over South Gippsland**

Age groups: U11 (boys & girls), U13 (boys & girls), U15 (boys and girls), U17/C (boys Under 17 welcome), B Grade and A Grade.

Junior Training on Thursday Nights. Under 11's and 13's 4pm – 5pm and Under 15's and 17's 5:30pm – 6:30pm.

Season: April to Sept with all games played at same times on Saturdays at the 1 central location.

To register please click the following link: <https://forms.gle/x4x3rgZePe7NndSw9>

For queries contact the Club on [munteccles@gmail.com](mailto:munteccles@gmail.com), visit our clubs Facebook page 'Mount Eccles Netball Club' or call Jacinta Muhovics on 0400 255 954.

## Calm Kid Central presents – free Zoom seminar for parents/caregivers on Calm & Confident Kids

Save the date – Wednesday 5th of May 2021 7pm(AEST) – Free Zoom parent session on CALM AND CONFIDENT KIDS.

Go to: [www.zoom.us](https://www.zoom.us) Use Meeting ID: 838 5870 5168 and Passcode: 013655 or use Link: <https://us02web.zoom.us/j/83858705168?pwd=QjltQk1NM2NvYzFVK2phclBCcjJiQT09>

\*\*RSVP to Sandra at [sandra@developingminds.net.au](mailto:sandra@developingminds.net.au)

Calm Kid Central Presents:

### Calm and Confident Kids

Free Zoom seminar for parents/caregivers (1 hour in length)

#### Do you have a child who:

- **Worries at bedtime? Feels anxious when they are apart from you?**
- **Feels more easily scared than other children their age?**
- **Feels worried about homework, friendship issues, health, the dark or other things which they worry will hurt them?**

This seminar is designed to help parents/caregivers of primary aged children know how to support children aged 4-12 with a tendency towards worry or anxiety - or who are dealing with difficult life situations. Research tells us that what parents do can really help children feel calmer and less anxious over time.

- In this seminar parents/caregivers learn practical strategies including:
  - What causes of anxiety and stress in children
  - What to say and not say when children are worried, stressed or anxious
- What parenting behaviours help anxious children - and which accidentally make them worse
  - How to help children take steps to act more confidently
- How to “de-escalate” situations when children are extremely anxious or experiencing panic
- How to help children talk more confidently to themselves rather than rely on parent reassurance



Presented by clinical child psychologist Kirrilie Smout. Kirrilie has had 25 years experience in working with children and families, is the author of two books about children and mental health and regularly consults with national bodies about child mental health concerns. She is the director of Calm Kid Central, an online program of courses to help children manage emotional health challenges.

[www.calmkidcentral.com](http://www.calmkidcentral.com) (Free using FIRSTYEAR access code).



**RSVP** to Sandra at: [sandra@developingminds.net.au](mailto:sandra@developingminds.net.au)  
Funded by Gippsland Primary Health Network (GPHN)